

# 2021 JANUARY

Greater Emmanuel Temple of Grace Fasting Schedule | Theme: "Making God Our Priority" - Deut. 6:4-5



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	31	01 <b>HAPPY NEW YEAR</b>	02
03 <i>Christian Education - 9:30am Morning Worship - Noon</i>	04 <i>Noonday Prayer/Bible Study FAST ONE MEAL - 4 PM Intercessory Prayer 7pm</i>	05 <i>Pray Your Day 5:30am FAST ONE MEAL - 4 PM</i>	06 <i>FAST ONE MEAL - 4 PM Bible Study Noon &amp; 7pm</i>	07 <i>Noonday Prayer/Bible Study FAST ONE MEAL - 4 PM</i>	08 <i>Noonday Prayer/Bible Study FAST ONE MEAL - 4 PM</i>	09
10 <i>Christian Education - 9:30am Morning Worship - Noon</i>	11 <i>Noonday Prayer/Bible Study FAST ONE MEAL - 4 PM Intercessory Prayer 7pm</i>	12 <i>Pray Your Day 5:30am FAST ONE MEAL - 4 PM</i>	13 <i>FAST ONE MEAL - 4 PM Bible Study Noon &amp; 7pm</i>	14 <i>Noonday Prayer/Bible Study FAST ONE MEAL - 4 PM</i>	15 <i>Noonday Prayer/Bible Study FAST ONE MEAL - 4 PM</i>	16
17 <i>Christian Education - 9:30am Morning Worship - Noon</i>	18 <i>Noonday Prayer/Bible Study FAST ONE MEAL - 4 PM Intercessory Prayer 7pm</i>	19 <i>Pray Your Day 5:30am FAST ONE MEAL - 4 PM</i>	20 <i>FAST ONE MEAL - 4 PM Bible Study Noon &amp; 7pm</i>	21 <i>Noonday Prayer/Bible Study FAST ONE MEAL - 4 PM</i>	22 <i>Noonday Prayer/Bible Study FAST ONE MEAL - 4 PM</i>	23
24 <i>Christian Education - 9:30am Morning Worship - Noon</i>	25 <i>Noonday Prayer/Bible Study FAST ONE MEAL - 4 PM Intercessory Prayer 7pm</i>	26 <i>Pray Your Day 5:30am FAST ONE MEAL - 4 PM</i>	27 <i>FAST ONE MEAL - 4 PM Bible Study Noon &amp; 7pm</i>	28 <i>Noonday Prayer/Bible Study FAST ONE MEAL - 4 PM</i>	29 <i>Noonday Prayer/Bible Study FAST ONE MEAL - 4 PM</i>	30 <i>FAST ONE MEAL - 4 PM</i>
31 <i>Christian Education - 9:30am Morning Worship - Noon</i>	01 <i>Noonday Prayer/Bible Study Intercessory Prayer 7pm</i>	02 <i>Pray Your Day 5:30am</i>	03 <i>Bible Study Noon &amp; 7pm</i>	04 <i>Noonday Prayer/Bible Study</i>	05 <i>Noonday Prayer/Bible Study</i>	06

**Everyone is encouraged to pray each day at 6 a.m., Noon and 6 p.m.**

**NOTE:** Fasting starts January 4th. We will be fasting for 21 days. No fasting on Saturdays and Sundays with the exception of Saturday the 30th, which will be the last day of the fast. The Diet will continue throughout the month. No meats but you can have fish. You may have fruits, vegetables and beans. No sweets, sodas, or juices. You may have coffee and tea without sugar or sweetner. No starches but you may have wheat bread.

**SERVICE INFORMATION:** Noonday Prayer & Bible Study, Pray Your Day and Wednesday Bible Study can be accessed by dialing (605) 472-5814, access code: 444036214#. Intercessory Prayer can be accessed via Google Meet by visiting [bit.ly/GETGIntercessoryPrayer](https://bit.ly/GETGIntercessoryPrayer) or by phone (318) 389-1208, PIN: 350889770. To submit prayer requests, send an email to [prayer@getgraceonline.org](mailto:prayer@getgraceonline.org). Christian Education classes can be accessed by visiting [bit.ly/GETGChristianEd](https://bit.ly/GETGChristianEd). For questions, email [getgchristianeducation@gmail.com](mailto:getgchristianeducation@gmail.com). Sunday Morning Worship can be accessed by dialing (605) 472-5814, access code: 444036214# or by visiting <https://facebook.com/getgracedurham>